

BGPERT

Bath GP Education & Research Trust

Annual Diabetes Study Day for GPs and Practice Nurses

With the RUH & Community Diabetes Teams

A day of education for primary care clinicians involved in the care of patients with diabetes. The day is aimed for clinicians across the primary care workforce and is open to practice nurses.

Thursday 15th October 2026, 8.30am – 4.00pm

Trowbridge Civic Centre, BA14 8AH

Please RSVP to [BGPERT](#),

This meeting is open to non-members of BGPERT including Practice Nurses. Please note, there will be a one-off £80.00 attendance fee for non-members, please [email the team](#) for information and to book a place*



8.30am	Registration, tea, coffee and networking with sponsors	
9.00am	Welcome and introduction	Dr Alex Clark
9.10am	A stepwise approach to oral and rescue therapies using the new NICE NG 28 guidance (with case study examples).	Dr Laura Rich, Consultant Physician, Diabetes & Endocrinology, RUH
9.55am	Why GLP-1 therapies offer more than just weight management. Key updates & considerations with case study examples.	Dr Chloe Broughton, Consultant Physician, Diabetes & Endocrinology, RUH
10.40am	Tea, coffee and networking with sponsors	
11.10am	'Have you thought about....?' The lesser known complications of diabetes	Gaynor Kebbell, Diabetes Nurse Facilitator, Integrated Diabetes Care Team BANES
11.55am	Language matters: The social stigma of diabetes and obesity and how we can support our patients	Kate Hardenberg, Lead Diabetes Specialist Psychotherapist, RUH
12.40pm	Lunch & group work sign up	
1.40pm	Neighbourhood health; regional changes in diabetes management from the National Speciality Advisor for NHSE	Dr Marc Atkin, Consultant Physician, Diabetes & Endocrinology, RUH
2.00pm	Group sessions 1: Choose 1 of the 4 below; A: The cost of healthy eating; dietary support for patients that doesn't cost the earth B: Diabetes & Pregnancy C: Type 1 diabetes; what you need to know in a nutshell D: Top tips for insulin adjustment	Caroline Thorn, Senior Diabetes Specialist Dietitian, RUH & Liz Smith, Diabetes Specialist Dietitian, HCRG Care Group Julie Nockels & Rebecca Norton-Stokes, Inpatient Diabetes Specialist Nurses, Diabetes Team RUH Dr Nav Setty, Consultant Physician, Diabetes & Endocrinology, RUH Jennifer Betts & Vicky Roberts Diabetes Specialist Nurses, Diabetes Team (Wiltshire), HCRG Care Group
2.45pm	Tea, coffee and networking with sponsors	
3.00pm	Group sessions 2: Choose 1 of the 4 as above.	
3.45pm	Summary Questions & Evaluation of the Day	Dr Alex Clark

*BSW have funded 20 places for non-members, offered first come, first served, please RSVP.



This meeting is sponsored by pharmaceutical companies via exhibition stands, they have no input to the programme.

