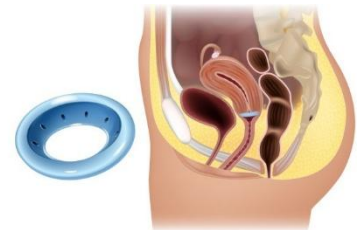


BGPERT

Bath GP Education & Research Trust

Pessary Practical Training Sessions

With Melanie De Jaeger, Specialist Nurse in Uro-Gynaecology,
RUH Pessary Clinic



Ground Floor Training Room, Education Centre, RUH, Bath
BA1 3NG

Three sessions available, restricted to maximum 15 people per session:

- Wednesday 14th October 2026 - Registration 1.30pm, session runs until 2.45pm
- Wednesday 14th October 2026 - Registration 2.45pm, session runs until 4.00pm
- Friday 27th November 2026 - Registration 10.00am, session runs until 11.15am

Bookings taken on a first come first serve basis, please RSVP with your preference of session, to BGPERT

This is an opportunity to learn more about / practice with pessaries and have direct contact to answer questions with a local specialist pessary clinician, this is not official 'accredited' learning.

- The sessions will constitute an informal, hands-on approach.
- You are encouraged to bring actual case studies along.
- You are encouraged to pre-submit questions so that Mel can adapt the sessions.

Pre-Session Homework: UKCS 2021 Guidelines (a helpful pre-session resource)
[UK Pessary Guideline final April21.pdf](#)

Learning Objectives:

- Describe the indications for vaginal pessary use.
- Identify different types of vaginal pessaries and select an appropriate device based on patient anatomy, symptoms and sexual activity
- Learn and Demonstrate clinical assessment prior to fitting and correct Sizing measurement.
- Practice sizing and fitting pessaries in a hands-on session'.
- Counsel patients effectively on benefits, complications and follow up.
- Identify when referral to secondary care services is indicated.

This meeting has been accredited by BGPERT. For more information about BGPERT including additional details about meetings visit our [website](#).

This meeting has been supported by pharmaceutical companies. This event is operated independently, and sponsors have no editorial control over its contents, speakers or presentations.