

# BGPERT

Bath GP Education & Research Trust

## Hot Topics Study Day

This meeting has been organised in collaboration with [Sulis Hospital](#). [Combe Grove](#) are covering costs for the location, refreshments and lunch.

Thursday 23<sup>rd</sup> May 2024, 8.45am – 4.30pm

Combe Grove, Brassknocker Hill, Bath BA2 7HS

Please RSVP to [BGPERT](#)

**COMBE  
GROVE**



### Programme:

8.45am	Registration with refreshments and nutritional snacks	
9.00am	Welcome	Dr Zoe Haines, BGPERT
9.10am	Combe Grove & Sulis Introduction and Update	Helen Aylward Smith, Combe Grove and Simon Milner, Sulis Hospital
9.30am	'Echo update - new referral guidelines and relevant interpretation for primary care' – Update on New requesting guidelines and relevant interpretation for Primary Care – Opportunity to view same time echo visuals	<u>Professor Dan Augustine</u> , Consultant Cardiologist
10.10am	'Gastro head to toe' – Identifying when reflux is not reflux – A structured approach to weight loss – Who needs a gastroscopy?	<u>Dr Ben Colleypriest</u> , Consultant Gastroenterologist
10.50am	Refreshment Break	
11.10am	'Too young for a hip replacement' – Daycase hip replacement – Young adult hip/hip arthroscopy – MAKO robotic assisted hip and knee replacement – Current understanding of the lifespan of hip replacements	<u>Mr James Berstock</u> , Consultant Orthopaedic Surgeon
11.50am	'The Metabolic Timebomb' Ruth is going to talk about how metabolic health affects a range of people, giving some case studies and talking about metabolic burnout for GPs themselves. The talk will finish with Dr Rebecca Hiscutt, PhD looking at the Combe Grove series of Metabolic Health programmes.	<u>Dr Ruth Tapsell</u> , GP with a specialist interest in Metabolic Health, North Devon
12.30pm	Lunch	
1.30pm	'Combe Grove Metabolic Health 5 Root Taster' A look at Combe Grove's programme health checks, Accuniq body composition analyser machine demo, cooking for metabolic health and the importance of relaxation.	<u>Dr Rebecca Hiscutt</u> , PhD, Practice Manager and Registered Dietitian
2.10pm	Ophthalmology Update - 'Between a rock and a hard place' – Red itchy eye in children and adults – Cataract surgery, what happens after referral	<u>Mrs Selina Tomlinson</u> , Consultant Ophthalmologist
2.50pm	'The island with Bear Grylls and expedition medicine' – Increase knowledge around the expedition medicine.	<u>Dr Daniel Quemby</u> , Consultant Anaesthetist
3.30pm	Refreshment Break	
3.50pm	'Deprescribing in the older population and general geriatric medicine Q and A' – Deprescribing with an emphasis on anticholinergic, antihypertensive and statins – Opportunity for a wide-ranging Q&A on any element of geriatric medicine	<u>Dr Robin Fackrell</u> , Consultant Geriatrician
4.30pm	Final comments & meeting close	

This meeting has been accredited by BGPERT. For more information about BGPERT including additional details about meetings visit our [website](#).